

# **Tumble Time Extreme**

## **Mission Statement**

As a staff we understand that we are using the tool of All-Star cheerleading to shape and develop our athletes into the leaders of tomorrow. We believe our athletes have exceptional talents and it is our responsibility to cultivate that talent with our compassion, dedication, and knowledge of the sport of competitive cheer. Our athletes will be safe, learn technique and have FUN. As coaches, we take pride in the growth of our athletes inside and outside the gym. Although the coaching staff and their training is a key factor in the success of the team, the passion, love and desire to excel is critical for each cheerleader to achieve their goal. We provide ourselves in the offering the proper environment so this happens.

This packet is designed to give each family the information necessary to decide if they are ready for the commitment that is required for All-Star Competitive Cheerleading with Tumble Time Extreme. Please take time to thoroughly read the information. If you have any questions, please do not hesitate to give us a call at 563-424-5324.

## **Overview of All-Star Cheerleading**

All-Star Cheerleading is an exciting sport for beginners all the way through the most accomplished elite level athlete. It places emphasis upon a 2.5 minute competition routine of tumbling, dancing, stunting, jumping, and motion techniques in a creative, innovative and challenging fashion. All-Star cheer requires a 12 month commitment. We will start practices in May 2017 and conclude the season in April 2018.

## **Practices**

First practice begins week of May 8, 2017. For practice times/days see calendar on First Touch App. Hair must be worn up. Cheer shoes will be part of the athlete's Practice Wear. Shoes are not to be worn outside the gym or the competition facility.

- Level 1 Mini- Tuesday: Cheer-5:00-6:30, Thursday: Tumbling-5:00-6:00
- Level 2 Junior- Monday: Tumbling-5:00-6:00, Tuesday: Cheer-6:00-8:00, Wednesday: Cheer-4:00-6:00
- Level 3 Junior- Monday: Cheer-5:30-7:30, Tuesday: Tumbling-6:00-7:00, Thursday: Cheer-5:30-7:30

## **Expense Information**

Registration: There is an annual registration fee of \$50.00

To complete the registration process, you will need:

- The Tumble Time liability waiver and registration fee
- Birth Certificate (An athlete's competition age is determined by their age on August 31, 2017. All competitions require a copy of each athlete's birth certificate to verify age. **Please bring this by Monday, May 8, 2017)**

### **Tuition Rates:**

**\*\*\*Fundraising is an option; however it cannot be supervised by Tumble Time staff. Parent booster clubs are always welcomed and can always help with cost of payments!**

- Level 2, Level 3- Please call or email for pricing
- Level 1 Mini- Please call or email for pricing
- Tuition Discounts: Multi-sibling discount or if you have been on All-Star cheer for 5 years or more is 10 %. (tuition only)

**Levels 2 and 3 two payments of- (call or email for pricing) Level 1 Mini one payment of (call for pricing) for the following items:** (Payments due July 1<sup>st</sup> and November 1<sup>st</sup>) Crossovers will pay an additional fee for competitions separately; these are determined individually by competitions. Fees will be sent out by August.

- Make up
- Cheer Shoes
- Music
- Music License
- Bow
- USASF fee
- 7 Competitions (**Level 1 Mini will be doing 4-5 competitions**)

**\*\*Other required Items. (These could be slightly more or less)**

Uniform Top: Call or email for pricing

Uniform Bottom: Skirt: Call or email for pricing

Bag: Call or email for pricing

Warm-Up Jacket: Call for pricing

## **Uniforms**

**\*\*Uniform/shoe/and warmup jacket fittings will be held between 5:00-7:00 during practice on Monday, May 15, 2017.**

Tumble Time Cheer Extreme will utilize the same uniform throughout for all levels. Fittings will be done during practice and must be paid for prior to ordering. Your child's uniform will not be ordered until you have paid in full. The absolute latest you can pay will be Labor Day. Please note, we will be using the same uniform for 2-4 years.

## **Competitions**

The competition schedule for all teams will be published as soon as all dates are set (usually no later than the end of July). Your athlete will be required to participate in ALL competitions. Competition fees are NOT chosen by the coaches. Each competition is between \$65 and \$135 per cheerleader per competition. We plan on doing 5 day long competitions, and two 2 day competitions. These will be potentially held in Peoria, Dekalb, Council Bluffs, Cedar Rapids, Iowa City, Chicago, Indiana, Kansas City, St. Louis, Wisconsin, and Minnesota. Most will not require overnight accommodations, but we always suggest getting a hotel reservation which you can usually cancel within 24hrs.

## **Attendance**

**\*\*If a child misses a practice two weeks before a competition he/she may be taken out of that competition or their spot may change.**

**\*\*If your child should need to miss practice you are required to fill out an absence request form 10 days prior to absence.**

Once placed on Tumble Time Cheer Extreme it is your responsibility to attend ALL practices. Due to the unique team aspect of All-Star cheerleading, the absence of just one athlete can hinder

the effectiveness of the practice of the entire team. We understand there are extenuating circumstances and those will be handled on a case-by-case basis.

## **Vacations**

Please note that tuition cannot be prorated due to vacation, no matter the length.

## **SQUAD PLACEMENT AND REMOVAL POLICY**

- ◆ Please note that no athlete has an absolute guarantee of a spot in a performance or competition; if absences occur, the cheerleader may be removed from a routine or placed in a different position.
- ◆ Please note that athletes may be removed from the team at any time for reasons that may include, but are not limited to:
  - Attitude problems – athlete or parent
  - Excessive absences or tardiness
  - Lack of work ethic
  - Lack of financial responsibility
  - Personality conflicts between athletes, coaches, parents, or anyone involved in our program.
- In most circumstances the athlete and his/her parents would be notified of a potential problem long before dismissal would occur so that they may rectify the situation.
  - Athletes are never guaranteed a specific stunting position on a squad, such as flying or basing. Coaches' decisions regarding these positions are final.
  - The Coaches will be placing the cheerleaders in stunting positions. It is unacceptable to demand your child be in a certain position. It is the coach's job to make a decision where they will be placed.
  - Placements for each team are based on ALL of the cheerleaders' skills and what team needs their position (flyer, base, back).

## **WORK ETHIC**

Squad members have one main objective, to contribute as much as possible to the success of: 1) the program, 2) their team, and 3) themselves. Along with these objectives come responsibilities. Not just for the athlete, but for the coach and parent as well. These are as follows:

- **Responsibilities of the Coach**
  - To prepare the athletes both as a group and individually to perform and present our program in the best possible light

- To do the above in the safest manner possible and adhere to all safety guidelines
- To keep the best interest of the athletes at heart and care for them as people as well as athletes
- To recruit new athletes to the program so that our family may grow
- To teach the athletes the value of self-discipline, confidence, persistence, and teamwork
- To give 100% of what they're capable of everyday to helping the athletes be the best they can be
- To make decisions and take action based upon: 1) the good of the program, 2) the good of the team, 3) the good of the individual athletes
- **Responsibilities of the Athlete**
  - To push and prepare themselves both as a group and individually to perform and present our program, their team, and themselves in the best possible light
  - To make healthy lifestyle choices and approach the coach or parent if they have concerns about the choices available to them
  - To be at every practice possible
  - To give 100% of themselves at every practice and to do their best to leave their "outside world" problems outside practice and to approach their parents or coaches if they need help and guidance with these outside problems
  - To recruit new athletes to the program so that our family may grow
  - To accept coach and parental discipline as final and to accept responsibility for their actions
  - To support their teammates 100% of what they are capable of everyday so that their team can be the best that it can be
  - To make decisions and take action based upon: 1) the good of the program, 2) the good of the team, 3) and their own personal good
- **Responsibilities of the Parent**
  - To be the #1 fan of the Tumble Time Cheer Extreme
  - To let the coaches do all of the coaching and to be "spectators only" at practices and competitions
  - To contact your Coach if they have an issue to be addressed (at the proper time and place)
  - To support coach discipline
  - To recruit new parents to the program so that our family may grow
  - To support their athlete 100% of what they are capable of so that their athlete can be the best that he or she can be
  - To show good sportsmanship at all times and set a good example for all athletes

- To make decisions and take action based upon: 1) the good of the program, 2) the good of their athlete's team, 3) the good of their athlete, and 4) their own personal good

## **Parent/Cheerleader Codes of Conduct**

- If you ever have a problem, with anything, please do not hesitate to contact the gym, your coach, or the owner. We are here for YOU.
- It is your responsibility to wear the appropriate practice clothes to every practice.
- Any additional clothing items (sweats, long pants, etc.), cell phones, school bags, or gym bags may not be taken to the floor you are practicing on. Cell phones must be turned off when practice starts.
- NO GOSSIP about any other teams (all star or school), NO GOSSIP about a child on your team or another team. NO GOSSIP about coaches and staff. It is much better to address a problem than to listen to idle gossip.
- No profanity or abusive language.
- Please keep in mind the gym is not a babysitting service. We want our all stars to use the gym as often as possible, but no child should be dropped off at the gym unsupervised.
- You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
- All squad and routine decisions are left to the discretion of the coaches.

- Please feel free to talk to your coach about anything; just remember to do it at the appropriate times. For example, approaching a coach in the middle of a practice would not be an appropriate time.
- Never post any negative comments on any websites or chat rooms.
- Each year we may experience losses and additions of team members. The dismissal/addition of a team member is solely the coach's decision.
- Practices may be changed or added at any time during the season.
- Anyone threatening to quit or to pull their child from a squad will be dismissed from the program immediately.
- Please do not take valuables to the gym; we are not responsible for unattended items.
- Only **cheerleaders and coaches** are allowed in the gym.
- No one is allowed to yell onto the floor or try to make contact through the parent viewing area during practices or classes. This is extremely distracting to all involved.
- The coaches reserve the right to close practices at ANY time for ANY reason.
- It is the parent's responsibility to know what is going on with your squad. Check your emails and the website regularly.
- Withholding a child from a practice or a competition should never be used as a form of punishment.
- Athletes should be able to handle school work and all star practices; homework is not an acceptable excuse for missing practice.
- Parents, relatives, friends and cheerleaders are never allowed to speak with competition officials for any reason.

- Parents are never allowed to represent Tumble Time Cheer Extreme under any circumstances concerning accommodations, competitions or any other situation.
- All Tumble Time Cheer Extreme cheerleaders and family/friends will show good sportsmanship at all times.
- There will be no arguing or questioning of the coaching staff's decisions at competitions.
- If a problem arises between you and a team mate or another parent, the problem will be addressed with all parties involved at a meeting with your coach and the all star director.
- Anonymous emails/letters/texts, etc will be ignored.
- The all star owner may change, add or subtract any rule at any time.

**Thank you for your interest in our program!!**

**Please Sign and Return**

**\*\*2017-2018 Tumble Time Extreme All-Star Cheer Contract\*\***

**By signing this, I agree to all of the above term and conditions of this document. I am obligated to a 1 year contract May 2017-April 2018.**

Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_



